



### Application:



**Main ingredients:** Bois de rose, lavender, litsea and roman chamomile

### WHEN (& WHY) SHOULD YOU BE USING THE AMOUR BLEND?

- When you cannot concentrate on yourself and your loved ones because of mental clutter.
- If you find yourself lacking the desire for intimacy.
- When you desperately want to let go of all negative thoughts but cannot.
- To help with jetlag and hangovers.
- When you cannot control depression and grief.
- If you want to go back to the honeymoon phase of your relationship.
- When you want to feel more compassion, patience and acceptance for yourself and those around you.
- To melt away energy blockages at the mental and spiritual level.
- When you want to balance your physical desires and goals with your mental and soul goals and desires.
- If you are gripped by irritability and have trouble falling asleep.
- For battling post and prenatal depression.
- If you are feeling burnt out and want to control your mood swings.
- To stabilize your emotions.
- When you want to get rid of jealousy, suspicion and bitterness.
- To remove stagnating thoughts and emotions.
- To embrace change and live in the moment.



### WHAT WILL AMOUR ESSENTIAL OIL BLEND DO FOR YOU?

A unique mix that combines floral and citrus fragrances, the Amour blend puts you in the right mind set and creates the perfect environment for you to channel your inner Aphrodite. As this heady blend hits the emotional center of your brain, you will not just feel more at peace but will also experience a greater sense of love and admiration for yourself. This is an all-important trait of this blend because at the end of the day, it is not possible to seek love from others unless you love yourself.

### HOW TO USE AMOUR?

Apart from using it in your diffuser, the Amour blend can also be used in numerous other ways to tap into its healing benefits. These include:

- Give a touch of reality to fake flowers: Spray some water mixed with 3-4 drops of the Amour blend on them.
- Carry the scent with you: Use 2 drops of the blend in EO diffuser necklaces.
- Perfume your hair: Add a drop of the blend to your leave-in conditioner or 2 drops to ½ tsp of coconut oil or sweet almond oil.
- Your very own signature perfume: Add 4-5 drops to 50 ml of water and put the mixture in a spritz bottle. Spray on your body at the end of your toilette.
- Perfect addition to your favourite skin cream: Add a single drop of the blend to your skin care cream and feel fantastic.
- As a massage oil: Mix 2-3 drops in a tablespoon of your massage oil and use at bed time or as a skin moisturizer right before an important event or even a date.
- A romantic bath: Add 6-10 drops to a teaspoon of milk and mix with the water in the bathtub and enjoy an uber romantic soak with your partner.
- Candles: Make your very own "romance" night candles by adding 3-4 drops of the Amour blend to the wax mix.
- Wear your confidence: Use 3-4 drops of the oil added to your favourite carrier oil and apply to your pulse points to create an enthralling aura around you.
- A special bedroom potpourri: Give a new lease of life to old potpourri by adding 3-4 drops of the Amour blend to it.
- Steam inhalation for better skin and better mood: Add 2-3 drops to a bowl of hot water and inhale keeping your face a good 12-15 inches from the surface of the water. Cover the bowl and your head with a towel for best results.
- Perfume those sheets and pillow covers: Pour a few drops on a piece of cotton wool and place this in the dryer when drying the sheets and the pillow cases.

# Paisible

Pure Essential Oils 5 mL

l'orpur

PRODUCT INFORMATION PAGE



## Application:



**Main ingredients:** Bergamot, juniper berry, lavender, patchouli, and ylang ylang

## WHEN (& WHY) SHOULD YOU BE USING THE PAISIBLE BLEND?

- When you are so wrapped up in an emotional storm that you fail to register the love and positivity around you.
- If you are growing increasingly apathetic towards your own situation and your loved ones.
- If you are wracked by insomnia and sleep disturbances.
- When anxiety, fear and panic are clouding your thoughts.
- When you want to achieve a trance like meditative state.
- If you find yourself in the clutches of stress and sadness.
- When your negativity is impacting your decision-making ability.
- If you are having a hard time putting your wayward thoughts in line.
- When you want to create a clean and uplifting environment in your home/room.
- To cleanse a space of negative energies.
- When you need mental clarity to get through an emotionally taxing phase.
- If your confidence level is dwindling.
- To treat jet lag and to fight off other energy sapping physical and mental afflictions.
- For developing the strength to handle mental and physical pain and anguish.

## WHAT WILL PAISIBLE ESSENTIAL OIL BLEND DO FOR YOU?

The name itself says it all! Paisible translates to peace and it will shoo away the dark shadows of sadness, depression, angst and negativity from your mind. A blend created by using floral and citrus fragrances, this calming mix will start working on your inner turmoil as soon as you inhale its tranquilizing vapors.

## HOW TO USE PAISIBLE?

- Get in control of a stressful situation: Create a calming environment for yourself and others by adding 7-8 drops of the blend to 50 ml of warm water. Pour the mixture in a spritz bottle and use as you would any room freshener.
- Envelope yourself in this peace-inducing fragrance: Put 2-3 drops of the blend on your pillow case.
- Use as a meditation aid: Use in a diffuser or soak unscented incense sticks in the blend and let the soothing aroma permeate the environment around you.
- For peaceful sleep: Use with a nebulizer or go for steam inhalations by adding 2-3 drops of the Paisible blend to the hot water. Enjoy!
- Calm your mind on the double: Take a relaxing soak by adding a cup of sea salt / Himalayan pink salt to your bath tub along with 6-8 drops of the blend. Soak for 20-30 minutes for best result.
- For a gentle sleep inducer: Place 3-4 drops in a bowl of potpourri kept next to your bed.
- To create your own me space: Put 5-6 drops of the blend in a terracotta diffuser placed outdoors, preferably on the porch or patio.
- For mind and body relaxation: Mix 3 drops of the blend with a body lotion and massage all over, particularly around the temple and neck areas.
- Infuse the air around you with tranquillity: Tie a string around a lava stone and put 2-3 drops of the Paisible blend on the stone. Hang the oil infused stone close to the air vents.
- Keep your head cool: Mix 3 drops with a teaspoon of warm sweet almond or olive oil and massage your scalp with the mixture.
- Get more from your salt lamps: Place a drop or two on the salt surface that will get heated and let the room be filled with fragrance and positivity.
- Special bath bombs and soap: Use 3-4 drops to make bath bomb or soap recipe.



# Ange

Pure Essential Oils 5 mL

l'orpur

PRODUCT INFORMATION PAGE



## Application:



**Main ingredients:** Cypress, geranium, grapefruit, juniper berry, lemon and sweet fennel

## WHEN (& WHY) SHOULD YOU BE USING THE ANGE BLEND?

- When depression and angst are marring the quality of your life.
- For cultivating the mental strength needed to deal with painful experiences.
- To dissolve grief and hurt.
- For developing the mental ability needed to face stressful situations.
- To handle criticism with positivity.
- When you want to enhance optimism.
- To restore the desire and zest for life and the pleasures that it has to offer.
- When you need mental stimulation.
- To deal with disturbing dreams and other sleep related problems.
- To eliminate gloominess and dullness.
- When you want to beat lethargy caused by stress and chronic fatigue.
- To wade through confusion and come out a winner.
- When you need to boost your self-esteem and self-confidence.

## WHAT WILL ANGE ESSENTIAL OIL BLEND DO FOR YOU?

What is the one thing about angels that strikes you when you see them depicted in media? Did you say wings? WRONG! Try happiness instead. The most noticeable thing about angels is that they seem to be in a perpetual state of bliss and this blend called Ange will help you to get to the same state of mind.

A combination of nearly all the appealing fragrances that you can think of, this blend combines earthy and warm woody tones with zestful citrus notes and flirty floral aromas. Finally, a small measure of spiciness is added to enthrall the sense. The resultant mixture immediately puts you in a "happy" mood the moment those notes reach the emotional center of your brain through your nose.

## HOW TO USE ANGE?

- Towel your way to happiness: Place a drop of the blend on the corners of all hand towels in your home.
- Make meal times extra special: Turn a regular meal into a happy experience by pouring 2 drops of the blend on some cotton wool and rubbing it on the table runner.
- Combine music and Ange for happiness: Make candles using the Ange blend. Light these and play some soft music to go with it.
- Create a happy environment: Add 4-5 drops to about 50 ml of warm water and spray on the upholstery and cushions.
- A double shot of happiness: Add 3 drops of the blend to steaming hot water and inhale deeply to send the energizing aromatic compounds directly into your blood stream.
- A constant dose of happiness: Put a drop or two of the blend on your handkerchief or a paper towel and enjoy the invigorating fragrance through the day.
- Start your day with positivity: Add the blend to your shower gel; you will only need three drops to go with the dollop of gel that you put on your loofah. Allow the aromas enough time to work on your both your body and your mind.
- An all day long motivating force: Use 2 drops of the Ange blend with an essential oil diffuser necklace.
- Go for the feet happy route: Add 3-4 drops of the oil to ½ tsp of honey and disperse in lukewarm water. Soak your feet in the bath till the water cools.
- Sanitize your home: Mix 8-10 drops of the blend with 20 ml of pure grain alcohol and 20 ml of hot water. Store the mixture in a spritz bottle and spray to clean and sanitize your home.



# Doux

Pure Essential Oils 5 mL



PRODUCT INFORMATION PAGE



## Application:



**Main ingredients:** Grapefruit, lemongrass, rosemary, spearmint

## WHEN (& WHY) SHOULD YOU BE USING THE DOUX BLEND?

- When you are wrought by obstinate tensions and worries that refuse to ebb away.
- If your thoughts and sense of judgement are being clouded by negative emotions.
- For easing away stress and tension related headache.
- To stimulate the mind and improve the ability to make clear and rapid decisions.
- When you have a hard time keeping yourself glued to the task at hand.
- To prevent self-sabotaging actions and reactions.
- For treating symptoms of jet lag, intense fatigue and the after effects of health issues.
- When your personal and professional lives have taken a hit due to indecisiveness.
- When you are sad and feel stuck in a hopeless situation but lack the focus to get out of it.
- To stop the feeling of detachment and to ground yourself.
- For promoting joy and objectivity.
- When you are besieged by the feeling of being run down.
- To stop anxiety and tensions from taking a toll on your sleep quality.
- When you want to give your personal or professional life 100% of what you got.



## WHAT WILL DOUX ESSENTIAL OIL BLEND DO FOR YOU?

When you are battling emotions, situations and people that drain out your energy, you are bound to lose focus. With your emotions, mind and intellect scattered all over, even simple issues turn into serious problems. Lack of focus and failure quickly turn into a cycle but the Doux blend stops this vicious cycle in its tracks and restores emotional footing.

The minty and citrusy aroma opens up the pathway for energy and focus. The unique mix of essential oils helps to enhance concentration and clarity. It boosts both creativity and confidence, which in turn aid in decision making and problem solving efforts. It is particularly well suited for dealing with chronic fatigue that results from physical ailments as well as mental stress.

## HOW TO USE DOUX?

- Start the day with a focused mind: Use 3 drops of the Doux blend for steam inhalations for immediate upliftment of mood and energy levels.
- Inhale your way to better concentration: Soak the wick found inside a refillable inhaler with Doux blend and insert it back into the inhaler. Use the inhaler as often as you wish.
- Wear your focus: Use unique jewellery (bracelets, pendants) to accommodate essential oil diffuser pads to carry the invigorating fragrance along with you wherever you go.
- A small dose that offers a big boost: If you can't use a diffuser at work, make a small diffuser for yourself by filling a cup with hot water and putting just two drops of the blend in it. Place the mug on your desk and let the energizing fragrances surround you.
- Bathe in positivity: For a focused frame of mind, use 2 drops of Doux blend along with your shower gel or if you have the time, soak yourself in bath water that has been enriched by adding to it a mixture of 1 tsp milk and 6-8 drops of the Doux blend.
- Up your focus and concentration with your hand wash: Another way to get increased focus and concentration is to make a hand wash soap or a gel with the blend. For a gel, mix 2 drops of the blend with a teaspoon of aloe vera gel. Use just a drop or two of this to sanitize your hands and your mind.
- Let the warmth of the fire curb the mental wandering: If you work from home and have a fireplace in your office, put a drop or two (don't go over 2-3 drops) of the blend on each of the firewood logs. As the fire burns through the lumber, it will fill the air around you with the focus enhancing vapors of the Doux blend.

# Merveille

Pure Essential Oils 5 mL

l'orpur

PRODUCT INFORMATION PAGE



## Application:



**Main ingredients:** Cedarwood, cinnamon, clove bud, eucalyptus, lavender, lemon and rosemary

## WHEN (& WHY) SHOULD YOU BE USING THE MERVEILLE BLEND?

- When you find yourself struggling to complete a task.
- If you want to meet a deadline and need an extra boost of energy to put in the work it calls for.
- For getting through the low energy hours of the day.
- To motivate yourself to workout harder and longer.
- To get the determination to complete long abandoned projects.
- When you want mental clarity to choose between tasks/goals.
- If you cannot keep procrastination out of your life.
- When you find yourself lacking on the personal or professional front because you don't have the energy to meet the demands of your home and workplace.
- For combating mental stagnation and the desire to leave things for tomorrow.
- To treat chronic fatigue syndrome and other energy draining mental and physical ailments.
- When pain and physical exhaustion are bogging you down.



## WHAT WILL MERVEILLE ESSENTIAL OIL BLEND DO FOR YOU?

In French, the word "Merveille" means treasure and true to its name, this blend is a treasure trove of spicy scents that mingle beautifully with faint floral, herbal and citrus notes. The Eastern belief is that spices introduce energy and vigor in your body, while pushing away laziness and indecisiveness and this spicy mix of essential oils proves the Easterners right. The distinctly pungent nature of this blend induces a sense of urgency, which makes it hard to sit around and do nothing.

Often goals and plans get tossed aside because people lack the energy to see them through. But the Merveille blend is an instant motivating factor that will compel you to move yourself feverishly towards the finish line. The mixture of spices and herbs and a lone floral oil will prove to be invaluable in taming stubborn lethargy and chronic procrastination.

## HOW TO USE MERVEILLE?

- Brighten up your home with festive oil lamps: Fill small mason jars half way through with water and submerge fresh flowers or colorful fruit slices in the water. Add 8 drops of the blend to it. Now, add a floating wick and light it up to create a unique ambience.
- Keep yourself energized even after a taxing workout: Go for a relaxing soak after your workout session by adding 8-10 drops of the blend to a teaspoon of honey and adding this mixture to the hot water in the bath tub.
- Take your motivation to the gym: Buy yourself a wrist band and put two drops of the blend on it. Enjoy the uplifting and energizing fragrance as you sweat it out.
- Freshen up your car and get motivated in the process: Use some old absorbent fabric to make your very own hanging car deodorizer. Put 3-4 drops of the blend on it and let the sanitizing fragrance clear bad odors and bad moods.
- Energy when and where you need it: Add about 10 drops of the blend to a small jar filled half way with salt or baking soda and close the lid of the jar. Simply open the jar and take a deep whiff when you need to feel raw energy coursing through your body.
- A dose of drive and determination just for you: Confine the energizing aroma to your desk by putting 3-4 drops of the blend on a small pine cone and placing it on your desk.
- Reed your way to determination: Fill a mason jar with 30 ml of your favourite carrier oil. Add 15-20 drops of the Merveille blend to the oil and mix well. Punch holes in the lid and insert reed diffuser sticks through the holes and place the jar on your desk.
- The old school approach to using essential oil blends: Mix 3 drops of the blend with a teaspoon of unscented lotion and use it as a hand cream. Alternatively, you can mix ½ teaspoon of carrier oil with ½ teaspoon of the blend and store it in a small roll on bottle.